**COURSE MATERIAL BUNDLE**

**BHMS 1ST PROFESSIONAL 2019**

**ANATOMY – 1**

**GROSS ANATOMY**

1. **UPPER LIMB**
2. **LOWER LIMB**
3. **THORAX**

**1- UPPER LIMB**

1. Introduction to the upper limb
2. The Pectoral Region
3. The Axilla
4. The Back
5. Cutaneous nerves,Superficial veins And Lymphatic drainage of Upper Limb
6. The Scapular Region
7. The Arm
8. The Forearm and Hand
9. The Joints of the Upper Limb
10. Surface marking and Radiological Anatomy of the Upper Limb
11. Sympathetic Innervation of the Upper Limb

**2 – LOWER LIMB**

1. Introduction to the Lower Limb
2. Front of Thigh
3. Medial side of thigh
4. Gluteal region
5. Popliteal Fossa
6. Back of Thigh
7. Front of Leg
8. Dorsum of Foot
9. Lateral and Medial sides of Leg
10. Sole of Foot
11. Venous drainage of Lower Limb
12. Lymphatic drainage of Lower Limb
13. Segmental and Sympathetic innervation of Lower Limb
14. Joints of the Lower Limb
15. Arches of the Foot
16. Surface Anatomy of Lower Limb
17. Radiological Anatomy of Lower Limb

**3 – THE THORAX**

1. Introduction to the Thorax
2. The walls of the Thorax
3. The Thoracic cavity and Pleura
4. The Lungs
5. Mediastinum
6. Pericardium and Heart
7. Superior Vena Cava
8. Aorta
9. The Trachea
10. The Oesophagus
11. The Thoracic duct
12. Surface Marking of the Thorax
13. Radiological anatomy of the Thorax

**Recommended TextBook**

* B.D Chaurasia

**Reference** **Book**

* Snell

**Reference Videos**

* [**https://youtu.be/eNo3KFLbifE**](https://youtu.be/eNo3KFLbifE)
* [**https://youtu.be/irTIR5DDWvo**](https://youtu.be/irTIR5DDWvo)
* [**https://youtu.be/ojhIYkjuO9k**](https://youtu.be/ojhIYkjuO9k)
* [**https://youtu.be/hLUqZgLo940**](https://youtu.be/hLUqZgLo940)
* [**https://youtu.be/NEJenl3zhio**](https://youtu.be/NEJenl3zhio)
* [**https://youtu.be/KNjueT3tU6M**](https://youtu.be/KNjueT3tU6M)
* [**https://youtu.be/dC0DbwCCy7o**](https://youtu.be/dC0DbwCCy7o)
* [**https://youtu.be/AXpYNVLQhO0**](https://youtu.be/AXpYNVLQhO0)